Maintel Holdings Plc ("Maintel" or "the Company") Grant of Options

The Company announces that on 3 February 2021, 168,000 options were granted over ordinary shares of 1 pence each in Maintel ("Ordinary Shares") to certain Directors and other employees, in accordance with the rules of the Company's 2015 Long-Term Incentive Plan ("LTIP") and the Company's share option plan("LTIP CSOP").

The table below sets out all grants made under the LTIP to Directors:

Director	Scheme	Number of options granted over Ordinary Shares	Exercise Price £	Total number of options over Ordinary Shares following the grant
Rufus Grig	LTIP	20,000	3.75	28,673
Ioan MacRae	LTIP	75,000	3.75	180,000
Mark Townsend	LTIP	25,000	3.75	48,409

The awards were made as market value priced options and the exercise price was determined by reference to the previous dealing day's closing middle market price. The awards are not subject to the achievement of performance conditions. The normal date of vesting for these options will be 03 February 2024 and the last date for exercise will be 03 February 2031.

For further information please contact:

Ioan MacRae, Chief Executive Officer 0344 871 1122

Mark Townsend, Chief Finance Officer

Rufus Grig, Chief Strategy Officer

finnCap (Nomad and Broker)

Jonny Franklin-Adams / Emily Watts / Kate Bannatyne (Corporate 020 7220 0500 Finance)

Richard Chambers / Sunila de Silva (Corporate Broking)

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1.	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name: Rufus Grig		
2.	Reason for the notification		

a)	Position/status:	Chief Strategy Officer
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b)	Initial notification/Amendment:		Initial notification		
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name:	Maintel Holdings Plc			
b)	LEI:		2138008TDMNV6ODDI497		
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument:	(Ordinary shares of 1p each		
	Identification code:	GB00B046YG73			
b)	Nature of the transaction:		Grant of options over ordinary shares under the Company's 2015 Long-Term Incentive Plan		
c)	Price(s) and volume(s):				
			Price(s)	Volume(s)	
			£3.75	20,000	
d)	Aggregated information:		Single transaction as in 4 c) above		
	 Aggregated volume: 		Price(s)	Volume(s)	
	• Price:		£3.75	20,000	
e)	Date of the transaction:	(03 February 2021		
f)	Place of the transaction:		Off market transaction		

1.	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name:	Ioan MacRae	
2.	Reason for the notification		
a)	Position/status:	Chief Executive Officer	
b)	Initial notification/Amendment:	Initial notification	
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name:	Maintel Holdings Plc	
b)	LEI:	2138008TDMNV6ODDI497	

4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument: Identification code:		Ordinary shares of 1p each GB00B046YG73	
b)	Nature of the transaction:	1	Grant of options ove under the Company Incentive Plan	
c)	Price(s) and volume(s):			
			Price(s)	Volume(s)
			£3.75	75,000
d)	Aggregated information:		Single transaction as in 4 c) above	
	Aggregated volume:		Price(s)	Volume(s)
	• Price:		£3.75	75,000
e)	Date of the transaction:	(03 February 2021	
f)	Place of the transaction:	(Off market transaction	

1.	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name:	Mark Townsend			
2.	Reason for the notification				
a)	Position/status:	Chief Financial Officer			
b)	Initial notification/Amendment:	Initial notification			
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name:	Maintel Holdings Plc			
b)	LEI:	2138008TDMNV6ODDI497			
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument: Identification code:	Ordinary shares of 1p each GB00B046YG73			

b)	Nature of the transaction:	I	Grant of options over ordinary shares under the Company's 2015 Long-Term Incentive Plan	
c)	Price(s) and volume(s):			
,			Price(s)	Volume(s)
			£3.75	25,000
d)	Aggregated information: • Aggregated volume:		Single transaction as in 4 c) above	
			Price(s)	Volume(s)
	• Price:		£3.75	25,000
e)	Date of the transaction:	03 February 2021		
f)	Place of the transaction:		Off market transaction	